

**ENTRANCE ANTIPHON**

*O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.*

**COLLECT**

Keep your family safe, O Lord, with unfailing care,  
that, relying solely on the hope of heavenly grace,  
they may be defended always by your protection.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

**FIRST READING** Isaiah 58:7-10

A reading from the prophet Isaiah.

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and turn not from your own kin.  
Then will your light shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, "I am here."

If you do away with the yoke,  
the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

The word of the Lord.

**Thanks be to God.**

**PSALM** Psalm 111

**RESPONSE:** *The good man is a light in the darkness for the upright.*

Or **Alleluia!**

1. He is a light in the darkness for the upright:  
he is generous, merciful and just.  
The good man takes pity and lends,  
he conducts his affairs with honour. **R.**
2. The just man will never waver:  
he will be remembered for ever.  
He has no fear of evil news;  
with a firm heart he trusts in the Lord. **R.**
3. With a steadfast heart he will not fear;  
open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory. **R.**

**SECOND READING** 1 Corinthians 2:1-5

A reading from the first letter of St Paul to the Corinthians.

When I came to you, brothers, it was not with any show of oratory  
or philosophy, but simply to tell you what God had guaranteed.  
During my stay with you, the only knowledge I claimed to have

was about Jesus, and only about him as the crucified Christ. Far  
from relying on any power of my own, I came among you in great  
"fear and trembling" and in my speeches and the sermons that I  
gave, there were none of the arguments that belong to philosophy;  
only a demonstration of the power of the Spirit. And I did this so  
that your faith should not depend on human philosophy but on the  
power of God.

The word of the Lord.

**Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia!**

*I am the light of the world, says the Lord,  
anyone who follows me  
will have the light of life.*

**Alleluia!**

**GOSPEL** Matthew 5:13-16

A reading from the holy Gospel according to Matthew.

Jesus said to his disciples: "You are the salt of the earth. But if  
salt becomes tasteless, what can make it salty again? It is good  
for nothing, and can only be thrown out to be trampled underfoot  
by men.

"You are the light of the world. A city built on a hill-top cannot be  
hidden. No one lights a lamp to put it under a tub; they put it on the  
lamp-stand where it shines for everyone in the house. In the same  
way your light must shine in the sight of men, so that, seeing your  
good works, they may give the praise to your Father in heaven."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

O Lord our God,  
who once established these created things  
to sustain us in our frailty,  
grant, we pray,  
that they may become for us now  
the Sacrament of eternal life.  
Through Christ our Lord. **Amen.**

**COMMUNION ANTIPHON**

*Let them thank the Lord for his mercy,  
his wonders for the children of men  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.*

Or

*Blessed are those who mourn, for they shall be consoled.  
Blessed are those who hunger and thirst for  
righteousness,  
for they shall have their fill.*

**PRAYER AFTER COMMUNION**

O God, who have willed that we be partakers  
in the one Bread and the one Chalice,  
grant us, we pray, so to live  
that, made one in Christ,  
we may joyfully bear fruit  
for the salvation of the world.  
Through Christ our Lord. **Amen.**

# St Mary Magdalen Catholic Church

468 Norwich Road, Ipswich, IP1 6JS

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Roman Catholic Diocese of East Anglia

🌐 www.rcdea.org.uk



**Parochial Administrator:** Fr Luke Goymour ✉ parishpriest@marymagdalens.org

**Assistant Priest:** Fr Paul Chanh ✉ paulchanh@gmail.com

**Parish school:** St Pancras Catholic Primary School, Stratford Road, Ipswich, IP1 6EF

**Head of School:** Mrs Lucille Martin ☎ 01473 742074

**Catholic chaplain to the Ipswich hospitals:** Awaiting new appointment.

Please contact either Fr Paul, Fr Luke or one of the other Ipswich priests if you or a family member are going in to hospital.

Please consider setting up a standing order in favour of the parish instead of a weekly cash offering. If you can Gift Aid your donation, please complete a form which you can find in the church porch.

**Bank:** Barclays **Account Name:** St Mary Magdalen Roman Catholic Parish **Account number:** 70777323 **Sort code:** 20-44-51

**Fifth Sunday in Ordinary Time – 5<sup>th</sup> February 2023: Sunday Readings: Liturgical Year A.**  
**Sunday Hymns:** Entrance: No. 27 All People That On Earth Do Dwell Offertory: No 158 Gifts Of Bread & Wine  
Communion: No. 15 Alleluia Sing To Jesus Recession: No. 610 When I Survey The Wondrous Cross  
**Services During the Coming Week**

Saturday 4 <sup>th</sup> February	5:30pm	Confessions
	6:00 pm	Vigil Mass, offered for the people of the parish. Reader I Suttle, Offertory Hennon family.
	8:00 am	Mass, offered for the Vieira family. Reader J Cleary, Eucharistic Minister C Moore
Sunday 5 <sup>th</sup> February	10:00 am	Mass, offered for Mathew Joseph & Lucy Mathew RIP. Reader M Pakes, Offertory Long family, Eucharistic Minister R Shorten
		<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass today prepared and served by Val and Julie</i>
Monday 6 <sup>th</sup> February		St Paul Miki and companions <b>No Mass Today</b>
Tuesday 7 <sup>th</sup> February	Feria	
	10:00 am	Holy Mass, offered for Bill Galvin RIP (EK)
Wednesday 8 <sup>th</sup> February	Feria	
	12:00 noon	Holy Mass, open intention
Thursday 9 <sup>th</sup> February	Feria	
	10:00 am	Holy Mass, offered for the Vieira family.
Friday 10 <sup>th</sup> February	St Scholastica	
	10:00 am	Holy Mass, offered for Simon Wood RIP (EK), followed by Exposition and a Chaplet of Divine Mercy
Saturday 11 <sup>th</sup> February	5:30pm	Confessions
	6:00 pm	Sixth Sunday in Ordinary Time – Vigil Mass

**Today's Gospel:** Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavouring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden! *Courtesy of Loyola Press.*

**Flame at Wembley:** The Diocesan Youth Service is taking a group to *Flame* on March 4<sup>th</sup>. *Flame* is the largest catholic gathering of young people in the UK, coming together to experience the best in international speakers, artists and performers. For details and to book your place, please visit [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth) or follow the link on the parish web site. Bookings must be complete by 12<sup>th</sup> February.

**First Holy Communion Programme 2023:** The registration for those wishing to join the preparation programme to make their First Holy Communion this year is now open. To register for this, please complete a registration form which is available in the church porch, or can be downloaded from the parish web site. The first session and parents meeting will be held in the church at 9:15 am on Saturday 18<sup>th</sup> February. Please return completed registration forms to the parish office prior to, or at the latest bring it with you to, the parents meeting.

**Confirmation Classes 2023:** Classes to prepare candidates for the Sacrament of Confirmation will this year be run jointly with St Mark's parish. The first session will be held at St Mark's church, 180 Hawthorn Drive, Ipswich, on 25<sup>th</sup> February at 3:30 pm. Candidates, who must be a minimum of 13 years of age, are invited to register for this by contacting Fr Luke by email using [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org) and completing a registration form, available from the church porch. Please return the completed registration form to the parish office before 25<sup>th</sup> February, or bring it with you to the first session.

**Parish 150 Club:** The January prize draw of the 150 Club was made last Sunday. Congratulations to the prize-winners:

£25	No 28	Mrs D Casey	£20	No 104	Mrs P Williamson
£5	No 227	Mr E Sikora	£10	No 11	Mr F Vieira

If you are a parishioner but not a member of this Club, then please would you consider joining? It is a parish venture, and it would be nice to think that every parishioner would support it. Membership costs £12 per year for a single number, which will then be entered in each of the 12 monthly prize draws. Membership forms are available in the church porch, or from the parish web site.

**The Sick of the Parish:** We ask your prayers for all our brothers and sisters who are unwell, afflicted, housebound or distressed. Comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit:

John Anderson-Hurst, Peggy Barron, Jason Beaumont, Michael Clarke, Sheila Curry, Fabiana Di Mascio, Patrick Doran, Josephine Kalagira, Jo Kelly, Molly Mc Garry, Yvonne Metcalfe, Robert Mullan, Pauline Newton, Mary O'Reilly, Carol Sims and Pippa Williamson.

**Our Own Dear Departed:** Of your charity, pray for the repose of the souls of the faithful departed for Imelda Foulger (1996), Jeannie Walker (2007), Ivy Long (1977), Darren Platts (2012), Charles Vieira ((1996), Eileen Knight (1997), John Metcalfe (2007), Hilda Chaisty (2012), Caterina Fella (1989), Elizabeth "Elsie" Robison (2002), George Youngman (1966), Harold Mottram (1977), Antonio Melero (1979), Delia Reilly (1991), Sheila White (2003), Michael McGlead (2014), Michael Parmenter (2018), Percy Beavis (1978), Mary Conlon (1960), Edward Miles (1983), Ellen Farrell, Catherine Bates (1994) and Lucille Spence (2009) whose anniversaries occur about this time. A complete list of parish anniversaries can be found on the web site.

*Eternal rest grant to them, O Lord, and let light perpetual shine upon them. May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace.*